



OUTCOME REPORTING
APRIL 2008 – MARCH 2009
REPORT PREPARED ---April 23rd 2008

This document is prepared annually for the NS Office of Health Promotion & Protection . This document is the reporting format used to justify the Block Funding assigned to every sport based on the four year cycle determined by the NS Government

MISSION STATEMENT	October 29 th 2005
Alpine Ski Nova Scotia promotes, encourages and supports its members in the lifelong development and achievement of their recreational and competitive goals	

Contact for all areas of this report,

- Ed Wilton - President ASNS
- Brian Lane - Vice President ASNS ;Conny Allen-FSNS; Linda Scott-CADS NS
- Lorraine Burch - Executive Director of ASNS

Area of emphasis: Athlete Development

ASNS has their alpine athletes tiered in the following manner within the Club system as per the standards of our National Association—Alpine Canada Alpin (ACA)

1. ALPINE ATHLETE GROUPS:

- A. Entry level – Nancy Green Ski league/SNOWSTARSup to age 10
- B. Kinder National competitor card –
 - o K1 11 and 12 yr olds
 - o K2 13 and 14 yr olds
- C. Junior National competitor card

- J1 15 and 16 yr olds
 - J2 17, 18 and 19 yr olds
- D. Junior International card – FIS
- 15- 19 yr olds
- ** All ages are as of Dec 31st in the current year

2. OTHER ALPINE ATHLETE GROUPS :

- NSSAF.. ASNS provides Technical assistance when requested
- Masters racing (age 19 +)
- FUN racing & skier-cross

3 SUB-GROUP :

- CADS

4. COMMITTEES :

- Canada Games Committee-Alpine
- Freestyle Ski Nova Scotia
 - Canada Games Committee-Freestyle

1. A ENTRY LEVEL /Nancy Greene Ski League.....up to age 10
FOCUS: FUNDamentals

2008-2009 OUTCOMES

1. Increase entry level membership by a minimum of 10%
2. Continue with “ Slingshot-style ” competition @ Martock & Wentworth; introduce at Ben Eoin
3. Ensure that all Clubs know and respect the training and “ competition” guidelines for this age group:
 - Continue to focus & promote basic skills in a fun environment, lots of obstacle and terrain courses, skills courses etc
 - exposure to at home Club competitions
 - opportunity to forerun at K1 races
- 3 Recommend that the Head / Entry Level Coach from each Club attend the annual CSCF update
- 4 Continue to provide in servicing and support to the BEST as they continue to develop their entry-level program for Nancy Greene/SNOWSTARS
- 5 Keep all Clubs up to date with the progress of the AIM 2 document being prepared by Alpine Canada
- 6 Introduce the Alpine Atlantic concept & philosophy to this age group

1. B KINDER COMPETITOR CARD K1 ages 11 and 12
FOCUS: TRAIN to TRAIN

2008-2009 OUTCOMES

1. Increase K1 membership by a minimum of 10 %
2. Attend an Alpine Atlantic planning session in spring of 2008; design competition calendar for this age group
3. All Club athletes should be given the choice of a full time(all races included / full race training) or part time program (race at home hill only/ part time race training) in order to accommodate all interest levels. Promote continuation of skill development through the SNOWSTARS program.
4. Review race calendar & design at the fall 2007 Strategic Planning meeting—need to continue to examine all options and decides what works best at each Club ---fine tune as need be
5. Recommend that K1 Club Coach attend the annual CSCF update.
6. Keep all Clubs up to date with the AIM 2 WIN document being prepared by Alpine Canada
7. Review the Whistler pre-camp and Whistler Cup selection criteria—modify as necessary

1. B KINDER COMPETITOR CARD K2 ages 13 and 14 **FOCUS: TRAIN to TRAIN**

2008-2009 OUTCOMES

- 1 Increase K2 membership by 10 %
- 2 K2 National Championships
 - Maintain our quota . Establish guidelines for dealing with additional quota spots
 - Team trains and travels together
 - Plan for extra training days
 - Speed camp training continue to be mandatory
 - Review Team selection criteria ;
 - Provincial Code of Conduct in place , with guidelines
- 3 Strong parent reps in place at each Club. All Club concerns throughout the season channeled through parent reps and ASNS K2 Director
4. Review recommendations from 2008 K2 Provincial Team coach; implement change as necessary
5. Attend an Alpine Atlantic planning session in spring of 2008; design competition calendar for this age group; review all calendar & event issues at Fall Planning Session
6. Recommend that Head Club coach attend the annual CSCF update; Keep all Clubs up to date with the AIM 2 document being prepared by Alpine Canada
7. Review the Whistler Cup selection criteria

1. C JUNIOR NATIONAL COMPETITOR CARD J1 and J2 **FOCUS: TRAIN to COMPETE**

2008-2009 OUTCOMES

1. Maintain membership ; in the year or two after Canada Games there is often a down swing in membership
2. Continue with team building at the provincial level. Encourage more inter-Club opportunities; fitness testing/ camps etc
3. Facilitate transition from 2007 Canada Games Committee to 2011 Canada Games Committee
 - Appoint a study group to review and investigate Canada Games selection criteria's used in other provinces and to design a selection process that can be used from one CGames cycle to the next
 - Study group to report to the ASNS Board
4. Attend an Alpine Atlantic planning session in spring of 2008; design competition calendar for this age group; review all calendar & event issues at Fall Planning Session
5. Recommend that J1/J2 Club Head coach attend the annual CSCF update
6. Keep all Clubs up to date with the AIM 2 document being prepared by? Alpine Canada
7. Facilitate attendance at re-established J1 Nationals- coordinate with other Atlantic provinces
8. Establish quota at Quebec Junior Circuit

1.D JUNIOR INTERNATIONAL CARD –FIS ages 15-19 **FOCUS: TRAIN to WIN**

2008-2009 OUTCOMES

1. Aim for a FIS membership of 6
2. Promote the FIS program at all Clubs. This level of racing elevates the competition ; of benefit to all provincial athletes
3. Encourage Clubs to establish a FIS parent rep who will promote FIS racing at their Club
4. Continue to lobby for additional quota spots at appropriate FIS races
5. Continue to build partnerships and relationships with academies and Atlantic coaches in other provinces so that NS athletes can compete easily in other parts of Canada

2 OTHER ALPINE ATHLETE GROUPS

- NSSAF
 - Continue to offer support if requested by NSSAF
 - Request a meeting with NSSAF to discuss safety at high school races
- MASTERS
 - Continue to encourage Clubs to offer a Masters program
 - Register Masters racers on ACA database
- FUN RACES

- Investigate re-instating the parent/child fun races; topic for the Strategic Planning session

3. **SUB –GROUP**

- CADS --- see report at end

4. **COMMITTEES**

- Canada Games Committee-Alpine see report at end
- Freestyle Ski NS Committee
 - Canada Games Committee – Freestyle see report at end

Area of emphasis – Leadership development

ASNS continues to employ one part time staff. ASNS has a very STRONG Board with dedicated volunteers . The Executive Director of ASNS has been appointed PSO/GM rep for Canada District (Man/Sask/Yukon/ NB/NS/PEI/NF&L) to Alpine Canada . This provides ASNS with an inside track to all developments at ACA

2008-2009 OUTCOMES

1. Have representation at the ACA Summit-May 2008 Calgary (replaces the fall ACA AGM)
2. Continue to strengthen the Board by involving new members. New Board members to receive orientation from previous Board member in that position, the President and the Executive Director
3. Schedule a Strategic Planning all day session for Oct/Nov 2008
4. Strong recommendation to all Clubs that they send at least one of their Head Coaches to the annual CSCSF update. This is the only way that Clubs can remain current and can provide mentors for the younger Club coaches
5. All Board members must have submit a Police Record Check with VS scan to the ASNS office
6. Renew contract with NSHPP for the CADS program
7. Renew contract with NSHPP for the Freestyle Ski Nova Scotia program

Area of Emphasis-Organizational Development

2008-2009 OUTCOMES

1. Continue on-going consultation with SPORTNS re: PLAYSPORT database system.
2. Continue the consultation with Alpine Canada regarding the National database for all members & officials; Improve ASNS officials database in prep for 2011
3. Continue to input membership information and upload to ACA National points site for all athlete groups : Clubs to supply membership file for all general members, officials & coaches

4. ASNS Website ---continuation of development is a priority
5. Keep all Board members up to date. Encourage the use of a binder for each Board position---make sure this information is passed on to the next member. Expand email communication links
6. Continue to seek sponsorship from the private sector to enhance athlete development and the Canada Games program

Area of emphasis – Equity

ASNS has been an equal opportunity organization for all its existence

2008-2009 OUTCOMES:

1. ASNS will continue to educate our members on how quota spots at National Events are decided—we will continue to promote fair gender representation
2. ASNS will continue to promote officiating clinics equally to men and women and to ensure coaches are hired on an equity basis.
3. ASNS will encourage the development of female coaches.
4. ASNS will continue to support equal gender representation on all ROC` and Club executives
5. ASNS will continue to enhance it's disabled skiing program—we want to expand so that programs are being offered at all ski resorts (see separate CADS outcomes report at the end of this report)
 - Continue to support Luke Donovan in his quest to be named to the National Development Team

Area of emphasis – fair play

2008-2009 OUTCOMES

1. Continue to schedule/facilitate and provision the Level 1 CSCF Courses—at least 1 course for 2008-2009 at each ski hill ; encourage coaches to take their Level 2 and 3 courses
2. Continue to schedule/facilitate/provision Level 1 and 2 Officials Courses; -- each Club should host a Level 2 Officials clinic prior to next season
3. Arrange for a Level 3 Officials course in partnership with NB as the need arises
4. Continue to communicate all officials' updates and the ACA DOMESTIC MEMO to officials /Clubs and Coaches
5. Encourage Clubs to profile the Fair Play Code--- and to nominate athletes for the IKON Fair Play Award
6. All Clubs to have their own Code of Conduct in place. Encourage all Clubs to ask for Police Record Checks (PRC) and Criminal Record checks (CRC) from their coaches. Any coach hired for a provincial event(race, camp etc) must have an up to date CRC and PRC ; any chaperone at a provincial event must have a CRC with VS scan

Area of emphasis – Safety

2008-2009 OUTCOMES

1. The ASNS Technical Director and our Level 3 officials will continue to work with clubs to ensure the upgrading of all their safety equipment. ASNS must continue to require that all Clubs add to their safety inventory each year
2. All Clubs must do an annual inspection of their safety equipment and arrange for any required maintenance
3. ASNS will provide all officials with updates from ACA as they become available— ASNS will encourage clubs to share safety know-how
4. HELMETS will continue to be mandatory for all ski racing programs. Encourage the expanded use of helmets for coaching staff
5. The Tobacco Free policy will continue to be communicated to all members

Area of emphasis – Physical activity in children and youth

2008-2009 OUTCOMES

1. Promote the ASNS programs via various means—SportNS website; Group emails; Ski schools; public schools ; Participate in SPORTNS SPORT FAIRS
2. ASNS will ensure that our programs look like fun to the outsider— keep our coaches and programs current---provide a festival atmosphere whenever possible.....incorporate music and demos at as many events as possible. Encourage Clubs to use music and DJ`s to personalize announcements about racers and to enhance race day for the general public and the racing community
3. Membership stats as follows:
 - Entry Level +10%
 - K1 +10 %
 - K2 +10 %
 - J1 and J2 status quo
 - FIS 6 members

SUB-GROUP

CADS

OUTCOMES 2008-2009

1. Renew contract between NS Office of Health Promotion & Protection and ASNS
2. Increase current membership by 10%

- Continue to promote CADS through newsletters to members of the Canadian Paraplegic Association
 - Maintain a relationship with the IWK & other Rehab facilities to promote CADS
- 3. Develop a working group to help organize CADS in the province with members, parents, instructors, etc
- 4. Continue improving methods of advertising CADS to the general public
 - Use ASNS website
 - Regular CADS newsletters to current members & prospective members (example: Canadian Paraplegic Association etc) to make all more aware of the National scope of CADS
- 5. Continue relationship with Club Ski 30 with the hope of establishing a broader volunteer base
- 6. Continue as part if GMC Raffle if possible
- 7. Evaluate equipment needs for 2008-2009 ; establish an equipment maintenance amount for the CADS budget
- 8. If supported by the membership, have CADS days at each hill
- 9. Organize and host the first Atlantic CADS Festival; hopefully include members of the National Development Team
- 10. Apply for a GIF-T grant for 2008-09 for additional help with the Atlantic CADS Festival or instructors training.
 - Funding dependent on having Instructors courses at Ski Ben Eoin and one other hill
- 11. Do an annual check up with each ski hill to ensure that proper storage & maintenance has been arranged
- 12. Continue to assist Luke in finding funding to help pursue his goal of being in the 2010 Paralympics
- 13. Board member to provide the Board with various options for the development of the program

COMMITTEES

1. CANADA GAMES COMMITTEE-Alpine

2008-2009 OUTCOMES

1. Establish a 2011 Canada Games Committee
2. Review 2007 evaluations
3. Develop an annual plan & budget in time for the Sept 15th funding deadline

2. FREESTYLE SKI NOVA SCOTIA COMMITTEE
2008-2009 OUTCOMES

1. Ask for renewal of the FSNS contract between Alpine Ski NS and the Office of Health Promotion & protection
2. Continue to grow the FSNS Committee, developing and encouraging volunteers to take on a more active role.
3. Further develop established Action Plans to address Areas of Emphasis identified at the Strategic Planning Session held in spring 2007.
4. 10% membership growth projected for current year. Numbers in the programs will be limited to the amount we are able to provide quality coaching. Coaching development is an integral part of our membership growth.
5. Continue to develop judges and officials.
6. Develop coaches at all levels
7. Continued focus on provincial competitions in preparation for hosting the Canada Games in 2011.
8. Support Ben Eoin in the development of a freestyle program in the current or next season

CANADA GAMES COMMITTEE --- FREESTYLE:

2008-09 OUTCOMES

1. Establish a Canada Games Committee
2. Review the evaluations from 2007 Canada Game
3. Develop an annual plan & budget in time for the Sept 15th funding deadline

Respectfully Submitted

Lorraine Burch
Executive Director---ASNS
April 23^rd 2008